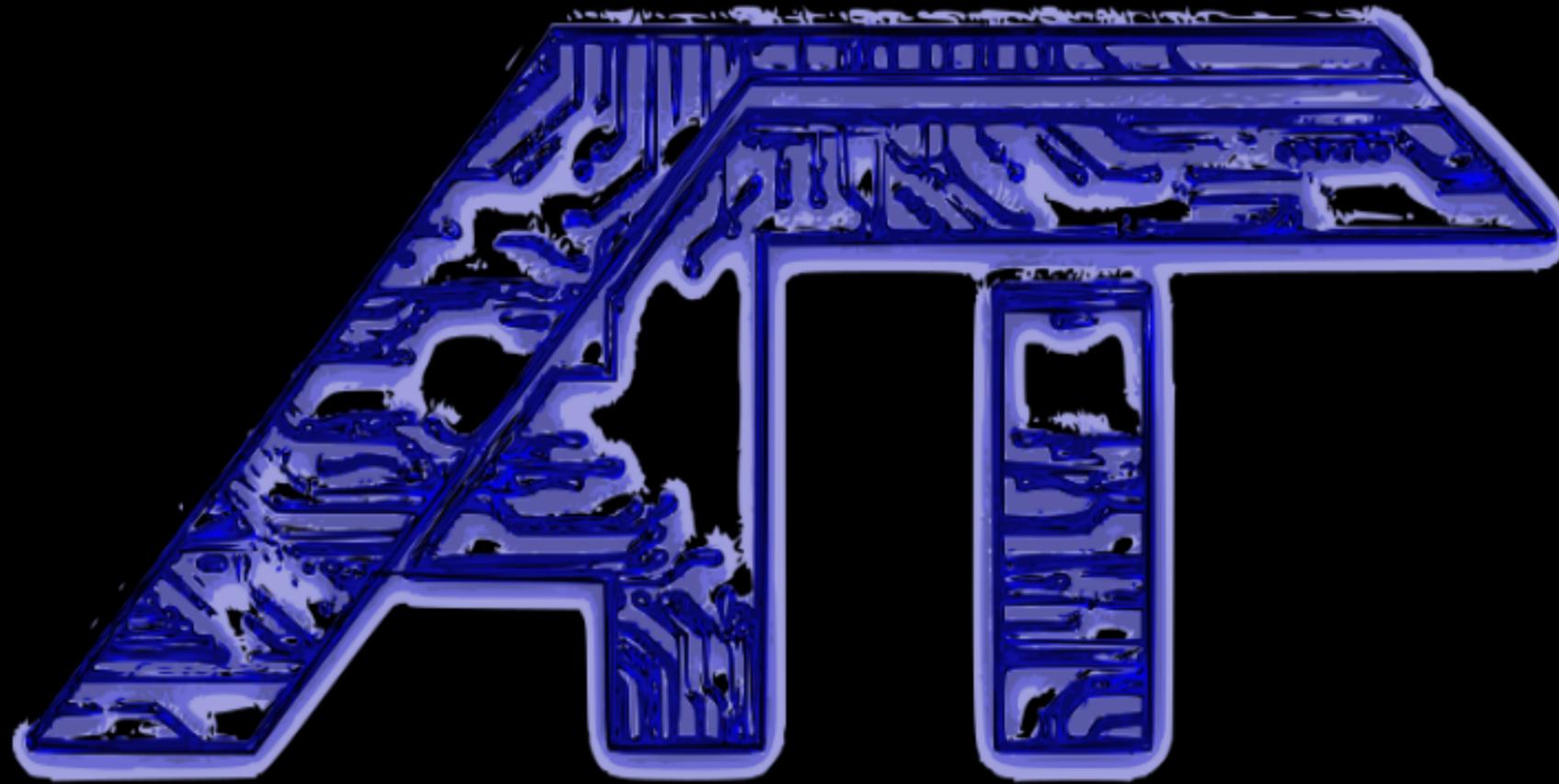


AUTOLOGIE COURSES



*ATTIDUDINAL & EMOTIONAL
INTRODUCTORY TEST*

Autologie's Attitudinal & Emotional Introductory Test.

Full name:

Date: ___/___/___

1) What is your main goal in life?

- a) Bulding a happy future for me and my family. []**
- b) Become rich and powerful. []**
- c) Find a unique person to fall in love with. []**
- d) Do something bigger than myself. []**
- e) Other:**

2) What kind of person do you consider yourself to be:

- a) A strong person with a leadership spirit. I'm always looking for new adventures. []**
- b) Weak and fragile. I'm not worth... []**
- c) A lone wolf. I live life by myself. []**
- d) A lazy person who only wants to have fun. []**
- e) Other:**

3) How do you feel in this period?

- a) Sad and Scared without any future in mind. []**
- b) Total apathy. I don't feel alive at all. []**
- c) Bored. I want to do something bigger but i don't know what. []**
- d) Really good. I'm enjoying life and i'm happy. []**
- e) Other:**

4) Is there something of your self that you like to improve?

- a) Moneymaking ability. []**
- b) My ability to communicate with others. []**
- c) Not really. I'm okay as i am. []**
- d) Everything which can be improved has to be improved. []**
- e) Other:**

5) Where do your thoughts wander more?

- a) Present. []**
- b) Past. []**
- c) Future. []**
- d) I don't know. []**
- e) Other:**

6) When you have to do something important how do you behave?

- a) I act immediately instinctively. []**
- b) I plan every detail carefully, everything must be perfectly done. []**
- c) I avoid any kind of important responsibility. I don't feel capable to handle situations by myself. []**
- d) I tend to procrastinate, telling myself that it's not important and that I'll do it later. []**
- e) Other:**

7) If someone is not ok, what you do to help that individual?

- a) I talk with them in order to make them feel better. []**
- b) I ask what they need to be done and i do it myself in order to solve their problem. []**
- c) I tell them that they should be stronger and handle their problems alone. It is not my responsibility other's problems and i don't even care actually. []**
- d) Nothing because i'm not able to help anyone unfortunately. I cannot even help**

myself. []

e) Other:

8) How do you feel in relation to others?

a) I am totally comfortable being with other people. []

b) At ease only with people like me, but I can still find a way to communicate with everyone. []

c) At ease only with people like me and i don't feel comfortable communicating with people that i consider different. []

d) Always in awe because i am afraid of hurting others and/or being hurt. []

e) Other:

9) What is your opinion about humanity?

a) I love and believe in humanity. []

b) I completely hate humanity. []

c) I find that some humans are valuable and others are not. Not all people are created equally. []

d) Humanity is messed up and really needs help to overcome its current situation. []

e) Other:

10) Do you feel connected with your actual

reality and situation?

- a) yes, I feel connected and I find my actual reality enjoyable. []**
- b) I can't feel what's real and what's not, I feel disconnected from myself and people around me. []**
- c) I am aware that my reality is not the best one, but I try to do my best to improve it. []**
- d) I don't like it and i can't enjoy it. []**
- e) Other:**

11) Do you like having group activities?

- a) Yes i love to play and/or cooperate with others. []**
- b) I'd like to, but i feel that i'm not able to add any good to any group. []**
- c) I have no interest in teamwork, i consider myself to be a lone wolf and i don't like people. []**
- d) I only care about destroying the opposition, that's the only time when i cooperate with others: To destroy a common target/enemy. []**
- e) Other:**

12) Do you feel alone?

- a) I am completely alone and i would like to be loved and cared. []**
- b) I am alone, and i like it because i can be more focused on my objectives. []**
- c) Not at all. I feel always surrounded by amazing and loving people. []**
- d) I'm surrounded by people, but i still feel always alone. []**

13) Do you feel loved by people who should care about you?

- a) Yes, i feel really loved by those who i care about and i'm happy with that. []**
- b) I feel that most people only look for me when they need me. []**
- c) People do care about me but i just can't feel the same about them and i feel guilty about that. []**
- d) No, i feel that the whole world is against me. []**
- e) Other:**

14) Can you trust people?

- a) It depends who i have to trust. Sometimes yes, sometimes no. []**
- b) Sure, i believe that most people is good**

and can be trusted. []

c) Never. People are basically selfish and sooner or later they gonna hurt and betray you. []

d) No. Actually i use people who trusts me to reach my goals and i know that most of people act exactly as me. Trust is only about a shared goal. []

e) Other:

15) Which of those things do you consider the most important in life?

a) Power. []

b) Happiness. []

c) Love. []

d) Freedom. []

e) Other:

16) Are you part of something bigger than you?

a) Yes, i am right now. []

b) No and but i would like to. []

c) It's my goal to create something really bigger than life. []

d) No and i'm not interested in those things actually. []

e) Other:

17) What does responsibility means to you?

a) Responsibility is to take care of me and my loved ones. []

b) Responsibility is to be a leader who leads people towards a common objective. []

c) Responsibility is something that i really don't have and don't care to. []

d) Responsibility is to look only about myself in order to be able to look after others afterwards. []

e) Other:

18) What people usually think about you?

a) People like to be around me and consider me a good friend. []

b) People are always asking me for help and guidance, they consider me an example for society. []

c) People avoid me or totally ignore me. They think that i'm a weirdo and anti-social individual. []

d) I don't care at all. Basically i'm alone most of the time and i don't care about people as well. []

19) What is your responsibility towards this planet?

- a) Never thought about it, so i don't know. []**
- b) Doing my best as an individual to make things a little better. []**
- c) None and i don't care about this planet. I'd rather see it in flames for all that i care. []**
- d) Doing the best that i can to make it better and help other people. []**
- e) Other:**

20) what are your thoughts about eternity and the metaphysical world? Have you ever considered it?

- a) No, I have never considered such complex subjects, i just want to be happy. []**
- b) I don't believe in such hocus pocus. []**
- c) Yes. I think that we are eternal beings who are experiencing reality right now in this planet and we have a mission here. []**
- d) Yes, but those topics are bigger than me and i'm not interested in digging into them. Right now my focus is elsewhere. []**

e) Other:

21) Have you already found more about your inner-self?

a) No but i would like to find it though. []

b) Yes, but i still want to learn more. []

c) I have nothing to find about myself, i already know everything that i need. []

d) What that means? []

e) Other:

22) Do you believe in things as destiny and luck?

a) Yes, everything we do is already written. It is about our destiny and not luck. []

b) There is neither luck nor fate, but only ability. We write our own destiny. []

c) Not at all. []

d) I only believe in bad luck unfortunately. []

e) Other:

23) are you ready to accept the consequence of your choices?

- a) Yes, even if it will lead to bad things. []**
- b) No, I'm afraid of making bad choices, so i avoid them. []**
- c) There will be no consequences at all. I always make good choices. []**
- d) I hope that it does has to happen. []**
- e) Other:**

24) Should be pure happiness the final goal for every human begins?

- a) Yes, every man should be entitled to pure happiness []**
- b) Pure happiness does not exist, one lives and dies alone []**
- c) Happiness is important but reality is not only made of happiness []**
- d) We should be prepared to sacrifice our happiness to things bigger than us []**
- e) Other:**

25) Are you ready to being your real self or you still need more time?

- a) I have no idea who I really am, I need help with that. []**
- b) I AM my real self right now. []**
- c) Sadly, i still running away from myself and i don't know how to fix this. []**

d) Time has come to face reality and be who i really should always been. []

e) Other: